

Name: Colton Ike Merrill ATC, CPT		Grading Quarter: 3	Week 7 Beginning: 2/20/24
School Year: 2023-2024		Subject: Sports Medicine and Rehabilitation 2	
M o n d a y	Notes:	No School	Academic Sports Med CTE Standards:
T u e s d a y	Notes:	<p>Objective:</p> <ol style="list-style-type: none"> 1. Understand key terminology related to pain and pain control 2. Utilize pain scales to help determine the severity of pain 3. Analyze various pain theories and methods of pain control 4. Understand terminology associated with the tissue healing and rehabilitation process 5. Examine conditions or situations that can help or hinder the healing process 6. Understand biomechanical changes and secondary injuries that can occur during healing process and rehabilitation <p>Lesson Overview:</p> <p>L5 Pain</p> <p>L6 Things that Hinder or Help Healing</p>	<p>Academic Sports Med CTE Standards:</p> <p>8.0</p>
W e d n e s d a y	Notes:	<p>Objective:</p> <p>Learn new gait terminology</p> <p>Understand and demonstrate the components of the gait cycle</p> <p>Demonstrate ability to calculate gait measurements</p> <p>Lesson Overview:</p> <p>L 7 Gait Analysis -</p> <p>L 8 Abnormal Gait -</p>	<p>Academic Sports Med CTE Standards:</p> <p>6.8</p>
T h u r s d a y	Notes:	<p>Objective:</p> <p>Study and review all information learned in Unit 4 Tissue Healing.</p> <p>Prepare for test.</p> <p>Finish study guide</p> <p>Lesson Overview:</p> <p>Study Guide</p> <p>Kahoot</p>	<p>Academic Sports Med CTE Standards:</p> <p>6 8</p>

F r i d a y	Notes:	Objective: Unit 4 Test over Tissue Healing Lesson Overview:	Academic Sports Med CTE Standards: 6 8
----------------------------	--------	---	--